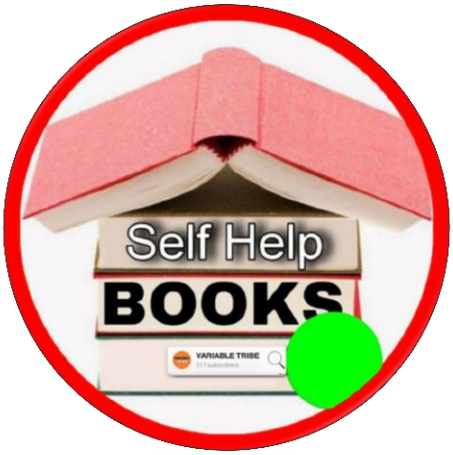

Channel Updates:

1. **Book Sharing Channel:**
   To ensure the safety of our community and to avoid potential copyright strikes, all book-related content will now be moved to a private channel. This will help us maintain compliance with copyright policies and protect the integrity of the main channel.

2. **Summaries with Enhanced Resources:**
   Going forward, each book summary shared in this channel will be accompanied by a custom banner and a direct link to the book. The link will redirect you to the private channel, where you can access the full details.

@Variable will try his best to fulfil your requests.
Due to a lot of messages I was not able to reply all of you. But your requests were considered.

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BOOK REQUESTS MADE BY MEMBERS

1. Parenting Books Recommendations:

- "The Whole-Brain Child" by Daniel J. Siegel and Tina Payne Bryson
- "How to Talk So Kids Will Listen & Listen So Kids Will Talk" by Adele Faber and Elaine Mazlish
- "Positive Discipline" by Jane Nelsen
- "Raising An Emotionally Intelligent Child" by John Gottman

2. Growth as a Man (Advice for Boys):

- "The Way of Men" by Jack Donovan
- "Man's Search for Meaning" by Viktor Frankl
- "No More Mr. Nice Guy" by Robert A. Glover
- "The 48 Laws of Power" by Robert Greene

3. Book Requests on Famous Personalities:

- **Michael Phelps:**
  "No Limits: The Will to Succeed" by Michael Phelps
- **David Goggins:**
  "Can't Hurt Me: Master Your Mind and Defy the Odds" by David Goggins
- **Elon Musk:**
  "Elon Musk: Tesla, SpaceX, and the Quest for a Fantastic Future" by Ashlee Vance
- **Similar Personalities:**
  "Steve Jobs" by Walter Isaacson
  "The Innovators" by Walter Isaacson

4. Leadership, Discipline, and Communication Skills Books:

- *"Leaders Eat Last"* by Simon Sinek
- *"The 5 Levels of Leadership"* by John C. Maxwell
- *"Discipline Equals Freedom: Field Manual"* by Jocko Willink
- *"The Art of Communication"* by Thich Nhat Hanh
- *"Radical Candor"* by Kim Scott

5. Health and Ancient Remedies Books:

- *"The Healing Power of Herbs"* by Michael T. Murray
- *"The Herbal Medicine-Maker's Handbook"* by James Green
- *"Ancient Remedies for Modern Illnesses"* by Dr. Sebi
- *"The Tao of Healthy Eating"* by Bob Flaws

6. Book Request for "51 Trading Strategies" by Aseem Singhal:

- Request to upload the PDF has been noted.

7. Books Similar to "Steal Like an Artist":

- *"Show Your Work!"* by Austin Kleon
- *"The War of Art"* by Steven Pressfield
- *"The Creative Habit"* by Twyla Tharp
- *"Creative Confidence"* by Tom Kelley and David Kelley

8. Mindset Reading Books:

- *"Mindset: The New Psychology of Success"* by Carol S. Dweck
- *"The Power of Now"* by Eckhart Tolle
- *"The Four Agreements"* by Don Miguel Ruiz
- *"The Magic of Thinking Big"* by David Schwartz

9. List of Self-Help Books:

- *"The 10 Pillars of Wealth"* by Alex Becker
- *"The Miracle Morning"* by Hal Elrod
- *"The Science of Getting Rich"* by Wallace D. Wattles
- *"You're a BadAss at Making Money"* by Jen Sincero
- *"The Power of One More"* by Ed Mylett
- *"Atomic Habits"* by James Clear
- *"Millionaire Success Habits"* by Dean Graziosi
- *"The Mountain Is You"* by Brianna Wiest
- *"Chop Wood Carry Water"* by Joshua Medcalf
- *"The Seven Habits of Highly Effective People"* by Stephen Covey
- *"The Power of Habit"* by Charles Duhigg
- *"Tools of Titans"* by Tim Ferriss
- *"Your Next 5 Moves"* by Patrick Bet-David
- *"The Millionaire Next Door"* by Thomas Stanley
- *"The Slight Edge"* by Jeff Olson
- *"Change Your Paradigm, Change Your Life"* by Bob Proctor
- *"A Happy Pocket Full of Money"* by David Cameron Gikandi
- *"What to Say When You Talk to Yourself"* by Shad Helmstetter
- *"You Are a Badass"* by Jen Sincero
- *"Badass Habits"* by Jen Sincero
- *"The Miracle Power of Your Mind"* by Joseph Murphy
- *"The Prosperity Bible: The Science of Getting Rich"* by Wallace D. Wattles
- *"The Prosperity Bible: Think & Grow Rich"* by Napoleon Hill
- *"The Psychology of Money"* by Morgan Housel

10. Harvard Business Review 2025:

- Request to share or access the Harvard Business Review 2025 has been noted..

Book channel: t.me/selfimprovementbooks1